



# You poke it. *Then Doc does.*

If you're one of the 500,000+ workers who injured an eye last year in the workplace, you know three things very well: One, the sliver of glass, metal shaving, wood fragment or rebar hitting or penetrating your eye caused excruciating pain. Two, the physical pain you experienced was intensified by doctors prodding, injecting and stretching your eye as they tried to save it. And three, the mental thought of never regaining full sight or having to be fitted for a permanent eye-patch, terrified you.

Construction and Shipyard Environments are Extremely Tough on Eyes. This is exactly why you are required to always wear OSHA-approved safety glasses – and other PPE – when standing anywhere on a worksite, whether performing your trade or not. Protect your sight. Without it, forget watching TV, playing catch, driving your truck, and many other everyday activities that require vision.

***Not wearing safety glasses is shortsighted! BE SAFE.***

***Get OSHA 10-Hour Trained! [tradesmeninternational.com/safetytraining](https://tradesmeninternational.com/safetytraining)***

***Every day an estimated 2,000 eye injuries occur in American workplaces.***

– NIOSH  
(National Institute for Occupational Safety and Health)

